

### Psychological Well-being in Present Scenario:

Psychological well-being is a multi-dimensional concept deals with emotions and feelings of an individual. One may have everything – income, environment, culture, community, health etc. but none of these can be fruitful in absence of psychological well being. Therefore, in a broader sense, complete health is a function of social, economic and environmental relationship.

It is the right time to switch from ECO –PSYCHO because the decade focused on economic growth which fails to capture the overall well-being of the people. The Buddhist philosophy of well-being comprises the physical and mental components of happiness which plays a more powerful role to attain it.

The quality of relationships within families, especially with parents is a major determining factor of psychological well-being in the society and, also, there is growing recognition that national indicators of well-being are important for informing policy debates and for evaluating practices in many areas, including healthcare, public health, social services, parks and recreation, work life and the environment. Thus, the construction of psychological well-being focuses on positive psychological functioning which continues to generate debates on its meaning, dimension and measurement.

Therefore, the NAPS provides the opportunity to the academicians, professionals and researchers of diverse fields to explore viable solutions of psychological well being in a competitive era. The IPSC-15 being the largest academic event of psychology and allied disciplines provides not only an unparalleled opportunity to share most recent findings but also a valuable opportunity to be exposed to current stimulating developments in other related disciplines.

### About Chandigarh (The City Beautiful):

Chandigarh is the realization of the ardent desire of the first Indian Prime Minister Sh. Jawahar Lal Nehru. Chandigarh is a planned city and twin capital of the Punjab and Haryana. It was designed in 1950 by Le Corbusier, the famous French architect. It is also a Union Territory under the direct administration of the Government of India.

The Residents and tourists can opt to relax at the serene Sukhna Lake, explore the fantasy land of the Rock Garden, or wander through the Leisure Valley, the Rose, Bougainvillea, Chrysanthemum and other verdant gardens, the Art Gallery and Museum, Chandigarh Museum, Dolls Museum and Le Corbusier Center offer fascinating vignettes of history, Art and Culture.

### INVITATION:

**National Association of Psychological Science-INDIA  
and Dept. of Psychology, P.G. Govt. College,  
Sector-46, Chandigarh** in Collaboration with

**World Without Anger (WWA)** would like to extend cordial invitation to you, your friends and colleagues to join

**2nd International & 4th Indian Psychological  
Science Congress**

**8-9 October, 2015**

IPSC 2015 is two days academic event proposed on Psychological well-being would explore practical ways to achieve well-being with conceptual clarity through: **Felicitation, Keynote Session Workshop, Research Papers with audio-visual presentations Poster presentations**

### Sub Themes:

- The Professionals Profess of Psychology
- The Psychology of Poverty and Powerlessness: The Economics of Happiness
- Psychological Well Being beyond GDP
- Contemporary Mental Health: challenge for medical and Para-medical forces
- Indian Education System and well being: The Actions and Reflections
- Yoga & Meditation: The Upside of Negative Emotions
- The Health Management: Crisis of Fun, Faith and Family
- Counselling psychology: Connecting to Emerging Future
- AYUSH and the Mind: The Healing of Consciousness
- Sports Science: Emerging Trends and Role
- Psychology of Transformation: Eco to Psycho
- Sociological Determinants of Health: The Generation Gap
- Bhagvad Geeta and psychotherapy: Retrospect and prospect of Well Being
- Criminal and Forensic Psychology: Issues and Perspectives
- Spirituality and Religiosity: Ultimate strategy of well being
- The Annihilation of Buddha Philosophy of Happiness
- Post Retirement: The Home Away from Home
- Karma Theory: The Path of Ultimate happiness
- 100 Years of Indigenous Psychology: People, progress and participation
- Emotional Intelligence: The Unlocked Vitality
- The Intersections of Mass Media and Psychology
- Social exclusion, deprivation and marginalization : The other side of well-being
- Any other related area

### Instructions for Authors:

**Title of Abstract:** Must be capitalize with font size 14, followed by Author's name(s) and affiliation in italics (font size 11).

**Word Limit:** Maximum 200 words (The name of the presenter must be underlined).

### Preferred mode of presentation:

Poster  Platform

The Scientific Committee will finally decide about the mode of presentation. The soft copy (MS-Word file) of the abstract and paper should be submitted at e-mail: [ipsc015@gmail.com](mailto:ipsc015@gmail.com)

### Guidlines for Full Paper:

**Page Format:**A4 size, Margins: Left, top, Bottom, and Right –2.0 cm

**Title:**Times New Roman 18 pt, bold, justified, alignment left, upper case, single-spacing.

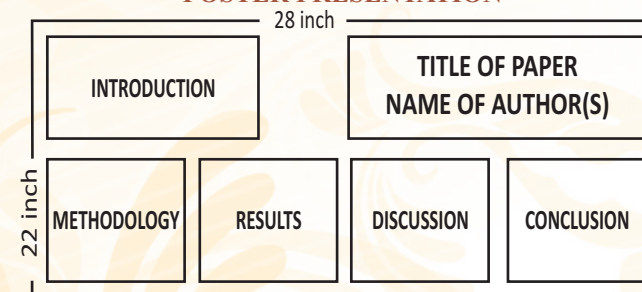
**Auhtors:** Times New Roman 12 pt, bold, alignment left, single-spacing. Order: Last Name, First Name Initial(s).

**Text:**Times New Roman 12pt, Justified, Single-spacing comprises Introduction, Methods, Results, Discussion.

**Tables & Graphs:** Should be prepared using APA pattern.

**References:**According to APA style.

### POSTER PRESENTATION



### Important Dates:

Abstract Submission: 25 August, 2015

Notification of acceptance: 01 September, 2015-04-17

Full Paper Submission: 10 September, 2015

The delegates are required to submit full length zero error papers on or before 31<sup>st</sup> August, 2015. The selected papers will be published in conference proceeding with ISBN number. The papers should be mailed at e-mail: [ipsc015@gmail.com](mailto:ipsc015@gmail.com)

The Participants can access Program details and Abstracts on the website (<http://www.napsindia.org>) prior to the Congress. The proceedings will be released on the day of inauguration.

### Note:

1. Non-refundable Registration fees include conference kit, certificate, working tea, lunch, and dinner.
2. Students must prove their identity with registration fees.
3. The congress kit will not be provided for spot registered delegates.

The registration fee can be paid through Demand Draft, in favour of National Association of Psychological Science, payable at Chandigarh.

### Online Payment:

**Name of bank:** State Bank of Patiala, Sector-19C, Chandigarh

**Account Number:** 65115552777

**IFS Code:** STBP0001017

**Name of Account Holder:** National Association of Psychological Science



### Registration Fee Details:

Category	Upto Aug. 31, 2015	Upto Sep. 15, 2015	Upto Oct. 7, 2015	Spot Registration
NAPS Members Academicians and Professionals	Rs. 1000/- Rs. 2000/-	Rs. 1200/- Rs. 2200/-	Rs. 1400/- Rs. 2600/-	Rs. 1500/- Rs. 3000/-
Students (Local) Students (Outstation)	Rs. 1000/- Rs. 1200/-	Rs. 1100/- Rs. 1400/-	Rs. 1200/- Rs. 1500/-	Rs. 1400/- Rs. 1600/-
Foreign Delegates Accompanying Person	\$100 Rs. 1500/-	\$125 Rs. 1800/-	\$140 Rs. 2000/-	\$150 Rs. 2000/-

#### Note:

Transaction proof must be informed at e-mail: [ipsc015@gmail.com](mailto:ipsc015@gmail.com) and also produced at registration desk, failing which no claim will be entertained. Accommodation: Limited and Shared Accommodation will only be provided to pre-registered delegates on first come first basis.

#### Special Invitee:

Dr. Dalip Singh, IAS; Dr. S.S. Phulia, IAS; Prof. D. Behra, Dr. Gurjeet Kaur Mander, Principal; P. C. Akela, H.A.S.

#### International Dignitaries:

Mhd. Kamal Uddin (Bangladesh), Mudita Rastogi (USA), Doss Mardan Basnet (Nepal), M.A. Khalid (Bangladesh), S. Y. Mhd. Yousef (Iran), Raumish Tabbashum (Pakistan), Rabiul Ahasan (Malayasia), Narendra Singh Thagunna (Nepal), R.K. Prajapati (Fiji)

#### National Advisory Committee:

S.P. Sinha (Agra), A. Bhandari (Chandigarh), C.P. Khokhar (Haridwar), Umed Singh (Kurukshetra), Navrattan Sharma (Rohtak), Radhey Shyam (Rohtak), S. N. Gosh (Shimla), Sumita Sachdeva (Kalanaur), Manika Saxena (Jaipur), Shaukat Ahmad Shah (Kashmir), Mahmood S. Khan (Aligarh), J.S. Birlan (Kurukshetra), Naved Iqbal (Delhi), AVS Madnawat (Jaipur), Shah Alam (Aligarh), Updesh Kumar (Delhi), Neena Kholi (Allahabad), Shashi Chaudhary (Jammu), Rakesh Goyal (Panchkula), Neelam Rathi (Chandigarh), Hemadari Sao (Haridwar)

#### Organising Committee:

Yogesh A. Jogsan (Rajkot); Bal Rakshhehe (Mumbai); Sandeep Rana (Hisar); Arun Kumar, (Haridwar); Rohtash Singh (Kurukshetra); H.K. Chhabra (Chandigarh); Roopa Mathur (Agra); Mhd. Irfan Farroqi (Punjab); Mridula Sharma (Meerut); Aradhana Sharma (Chandigarh); Urvashi Roul (Chandigarh); Dweep Chand (Noida); Bhagat Singh (Meerut); Geeta Bhagat (Chandigarh); Anjana Bhattacharjee (Tripura); Satyananda Panda (Sikkim); Ranbir Singh (Karnal); O.P. Sharma (Jaipur); Mahesh Daroliya (Delhi); Sanjay Raman (Chennai); Dasari Vamshi (Andra Pradesh); Ms. Deepa Marina Rasquinha, (Karnataka); Joginder Kumar Yadav (IGNOU)

#### Local Organizing Committee:

- I. **Hospitality:** Prashanta Kumar Das, Vibha Madan, Mukesh Chauhan, Savneet Bedi, Chander Pal,
- ii. **Transportation:** Praveen Chaubey, Prashant Gaurav, Gobind Chandra Sethi,
- iii. **Certificate Committee:** Bhupender Singh, Anil Kumar, Beenu Verma
- iv. **Registration Committee:** Vivek Bhuchar, Charanjeet Kaur
- v. **Cultural Committee:** Mahender Singh, (consent in advance be given by the participants if they wish to perform)



It is time to become mental capitalist and to invest in our brains.

**Dr. Sagar Sharma (Prof. Emeritus),  
Panjab University, Chandigarh**



The IPSC-15 will surely be opening the plethora of information and debates which will spread light in the lives of people around the globe.

**Prof. N. K. Chadha, University of Delhi**



The leadership skills of IPSC team have put together such a successful gathering of scholars. I have no doubt that the upcoming event will be better than those in past.

**Prof. Mudita Rastogi, Argosy University, USA**



The NAPS in India is striving to develop and highlight issues related to well-being through the upcoming congress. I firmly believe and hope that IPSC-15 will make a platform for stimulating scholars from home and abroad to debate and come up with strategies appropriate for well-being. I do believe that we have a long road to travel before we attain complete human well being

**Prof. Mhd. Kamal Uddin,  
University of Dhaka, Bangladesh**

#### Presidential Invitation

It is my distinct pleasure to welcome you to 2<sup>nd</sup> International & 4<sup>th</sup> Indian Psychological Science Congress, to be hosted in Chandigarh on 8-9 October, 2015. This mega academic event will be joint efforts of National Association of Psychological Science and Dept. of Psychology, P.G. Govt. College, Sector-46, Chandigarh in collaboration with World Without Anger (WWA). It is an honour and privilege to invite you to join as Delegate or Speaker on "Psychological Well Being: The Concerns and Development". All faculties, professionals, research scholars and students in all areas of psychology and allied disciplines may reach out to us at [ipsc015@gmail.com](mailto:ipsc015@gmail.com). We look forward to present your new ideas and research through face-to-face with social scientists joining from round the globe.

**CONFERENCE DIRECTOR ORGANIZING SECRETARY**

**Dr. Roshan Lal Dahiya**  
+91-94178-82789

**Dr. Rajesh Kumar**  
+91-94177-23474

## 2nd International & 4th Indian Psychological Science Congress

on

## Psychological Well Being: The Concerns & Development

### 8-9 October, 2015



Organized by:

**National Association of  
Psychological Science – INDIA**



In Association with:

**Department of Psychology,  
P. G. Government College,  
Sector 46, Chandigarh**



International Partner:  
**World Without Anger  
(WWA)**

Venue:

**Post Graduate Government College,  
Sector-46, Chandigarh – INDIA**