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"Diversity of psychotherapy. Different epochs of our lives"

In the report, three epochs of a contemporary person's life are described: a traditional epoch, a contemporary epoch, a neoteric epoch. Basic characteristics of these epochs are given, and the crucial difference between them is shown. Results of survey among different groups: medical doctors, psychologists, psychotherapists, alcohol addicts are brought. The report proves that a personality combines the notorious aspects of all three epochs mentioned. Then, the great variety of approaches psychotherapeutic practice is discussed, depending on how person's characteristics are attached to any of the three epochs of his living.