



Frank van der Hoeven, The Netherlands

# If talking doesn't help: ReAttach!

BASIC SKILLS TRAINING

## Part 1 Basic Skills Training (3 days)

This course provides clinicians with a new technique that effectively helps clients with trauma and self-limiting belief systems.

A Certificate of Attendance of Basic Training in ReAttach Therapy is issued when 3 full training days are completed. Registration and Diploma will be provided to those students who have completed 5 case-studies successfully.

### Training overview

Day 1 you will learn how the first part of the ReAttach Protocol and how to improve affective mentalization under multiple sensory processing conditions.

Day 2 will teach you the second part of the ReAttach Protocol which involves Cognitive Bias Modification, pro-active coping and activation of learning potential.

Day 3 will be used to consolidate the training and to apply ReAttach as a systemic approach. Students will also be offered an introduction in working with individuals with special needs.

### Eligibility

Clinical Psychologists, Counselling Psychologists, Psychiatrists, Community Psychiatric Nurses, Registered Mental Health Nurses, Psychiatric Social Workers Counsellors/Psychotherapists – (Mental Health Practitioners), Arts Therapists Occupational Therapists, Speech Therapists, Physiotherapists.

Students: Clinical, Counselling or Educational Psychologists in final year of training are acceptable with a letter of motivation. Students can apply for discount or scholarship.

### Registration

Students, therapists and trainers are registered by ReAttach Therapy Institute. Quality is monitored by Foundation ReAttach Therapy International. This is a non-profit organisation with an international board.

## Part II: ReAttach for Autism

Therapists who want to work with individuals with ASD are obliged to have finished basic skills training first. They will receive supervision during ReAttach sessions with clients with ASD to learn how to adapt to the diversity of challenges from this patient group.

## Part III: ReAttach Masterclass

Experienced ReAttach therapists with excellent results may attend masterclasses to enter our train the trainer construction.

### More information?

Paula Weerkamp-Bartholomeus

<http://reAttach-therapy-institute.com>

0031-24675619