

Gut Health Assessment & Treatment for Children & Adults with ASD

Autism spectrum disorder (ASD) is a complex developmental disability that affects the functioning of the brain and cause the individual to present stereotyped behavior and deficits in communication and social interaction. Although ASD primarily impacts the brain, over recent years, there are a number of studies found that gastrointestinal (GI) issues seem to occur more often in individuals with ASD than in the rest of the population. GI symptoms are a common comorbidity in children / adults with ASD who experience GI problems are more likely to have more severe symptoms of ASD. Treating the GI symptoms has become one of the treatments to relieve the behavioral and social symptoms of ASD. In this coming presentation, Mr. Yong is going to explain the relationship between the leaky gut, gut bacteria, inflammation and ASD. You will also learn how to use the Intestinal Permeability test (Leaky Gut test) and Comprehensive Digestive Stool Analysis (CDSA) to assess and improve the gut health of your clients.

Biodata of the speaker:

Yong Song Sheng

Accredited Psychologist

BSc.(Hons) Psychology; MSc. Psychology
Cert (Pastoral Counselling)

Graduate from California Southern University

- Practitioner Member of the Malaysian Association of Psychotherapy
- Practitioner Member of the Malaysian Cognitive Behavioural Association
- Members of National Association for Play Therapy India
- Members of Malaysian Mental Health Association
- ❖ Having clinical experience of dealing with the child/adult with Asperger's Syndrome, ADD/ADHD, depression, anxiety, couple/marital relationship issues.

Giving psychological awareness talks to school teachers, parents, students, and employees